

# THE JOURNAL

## Elan Skilled Nursing and Rehab

A Jewish Senior Life Community

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Community Support

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### Recognizing Years Of Dedication And Service

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Nursing And Rehab



**Walk To End Alzheimer's**  
Staff At Elan Skilled Nursing And Rehab  
STEPS UP Their Support

# Welcome!

## Elan Skilled Nursing and Rehab Welcomes In-House Physiatrist and Nurse Practitioner

Elan Skilled Nursing and Rehab recently welcomed Physiatrist Dr. Syed Qadri and Board-Certified Adult-Gerontology Primary Care Nurse Practitioner Jeanine Albert to the team of skilled medical professionals at its Scranton campus. In partnership with Adfintas Health, Dr. Qadri and Albert bring over 60 years of combined experience in patient care to Elan.

Dr. Qadri is a specialist in physical medicine and rehabilitation, and works with Elan residents to help them with pain management. He treats patients by focusing on restoring function after injury to muscle, bone, soft tissue, or the nervous system.



Dr. Qadri's medical career spans three decades and includes service as the Consulting Physician for the VA's Traumatic Brain Injury Clinic and the Medical Director for the Dept. of Physical Medicine & Rehabilitation for the Greater Hazleton Health Alliance. He also serves as a Clinical Preceptor for three medical training programs and was awarded the Shock Trauma Hero Award by the Maryland Governor for his outstanding care of a spinal cord injury patient.

Jeanine Albert, AGPCNP-BC has 30 years of healthcare and nursing experience, and has worked as a registered nurse reviewer for Cigna HealthCare, a primary care nurse for cardiac patients, and as Assistant Director of Nursing for a skilled nursing facility.

Albert earned her Master of Science in Nursing and Certified Registered Nurse Practitioner credential from Wilkes University in Wilkes-Barre, and is a member of Sigma Theta Tau and the American College of Cardiology.





# Recognizing Years of Dedication and Service Elan Celebrates Employee Milestones



*Pictured above: Lisa Ann Toscano, Mary Ellen Alfieri, and Beth Rielly*

In December, Elan Skilled Nursing and Rehab hosted a special Employee Recognition event to celebrate staff employment milestones and to thank employees for their dedication and service. Staff were recognized in front of their peers and awarded framed certificates for their achievements.

“We are so fortunate to have so many caring and devoted employees who have been with us for a long time,” said Human Resources Coordinator Christine Giuliani. “We want our staff to know that we appreciate their hard work they put forth every day in service to the company.”

The event celebrated three staff members who marked 40 years with Elan Skilled Nursing and Rehab: Lisa Ann Toscano, Mary Ellen Alfieri, and Beth Rielly.

**In addition, the following Elan staff members were recognized for their service milestones:**

Michael Battle – 35 years  
Elena Kostik – 25 years  
Penny Fuller – 20 years  
Jennifer Bobis – 15 years  
Leah Seiff – 10 years  
Amanda Clark – 10 years  
Cheryl Williams – 5 years  
Gina McCabe – 5 years  
Allison Huegel – 5 years  
Brian Coulthard – 5 years  
Teronna Carver – 5 years

## Meet the 2024 Elan Heroes!



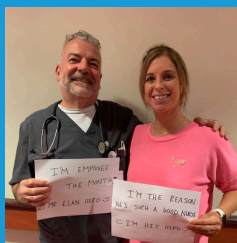
January  
Patricia Supenski



February  
James Sobotka



March  
Claudia Zehner



April  
Mike Dargatis



May  
Mary Ryan



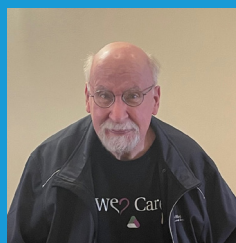
June  
Donnie Applegate



July  
Tina Alnick



August  
Betty Hackenberg



September  
Michael Battle



October  
Lynn Klemick



November  
Danielle Schwab



December  
Ruth Borkowski





# Elan STEPS UP Walk to End Alzheimer's Support



It was a gorgeous fall day on Oct. 19 for the annual Scranton/Wilkes-Barre Walk to End Alzheimer's, which took place at PNC Field in Moosic. Team Elan Skilled Nursing and Rehab was part of the 90 teams and 627 walkers who came together to raise a record \$121,063.50 for local Alzheimer's programs and research. Elan also served as a sponsor for the annual event.



To build on the success of the 2024 event, plans are already underway for the 2025 Walk to End Alzheimer's. In March, Elan hosted the 2025 Walk Volunteer Kickoff at its Vine Street facility. The event provided attendees an opportunity to connect with other volunteers and discuss ways to make the 2025 walk the biggest and most successful event to date. Elan Director of Admissions and Marketing Missy Bednar is a member of the Executive Leadership Committee for the event.

The 2025 Scranton/Wilkes-Barre Walk to End Alzheimer's will take place Saturday, Oct. 25 at PNC Field. **Learn more and register at <http://act.alz.org/swb>.**



**Scan To Register**





# Building The Bridge: A Testament to Community Support

Elan Skilled Nursing and Rehab wishes to thank everyone who helped make “The Bridge at Elan” a reality. Our warm, inviting senior community is recognized as the region’s premier provider of long-term skilled nursing care, memory care, short-term rehabilitation, and social services. Last year, we proudly announced the addition of onsite residential dialysis services—a transformative step in our commitment to comprehensive care.

“The Bridge at Elan” includes a state-of-the-art dialysis unit that is integrated into our transitional care unit. The Bridge offers rehabilitation for seniors recovering from knee or hip replacements, traumatic injuries, and high-acuity nursing care for medically complex patients transitioning from the hospital. This milestone would not have been possible without the generous contributions and pledges of our dedicated supporters. Your support has built a bridge to improved health and brighter futures for our residents. We extend our heartfelt gratitude to the following, and all who made this project possible:

thank you

## Founder

The Harry and Jeanette Weinberg Foundation

## Legacy

Alfred H. Reich Estate

Lewis Sare Family Foundation

## Pillar

Jim and Patty Alperin

In Memory of Jerry and Barbara Fink

Lester Abeloff Foundation

## Guardian

Anonymous

Nancy and Arthur Feibus

Alan and Laurel Glassman

Bonnie and Ken Green

The Nivert Family in Memory of Harry and Marion Nivert

PNC Foundation

## Benefactor

Affinity Health Services

In Memory of Laurence M. Davidow

Mr. & Mrs. Herbert Hollenberg

In Memory of Lillian Kornblatt

The Great-Grandchildren of Jacob & Mary Levy

Saul and Sharon Levy

Adina and Stephen Rosenthal

Wilkes Barre Branch Jewish Home Auxiliary

## Supporter

Anonymous

Faye and Richard Bishop

Dr. Robert M. Greenburg

Motti and Libby Hershkop

Morey and Sondra Myers

Robert and Faye Rosenberg

Michael and Pamela Roth

Missy and Bruce Saidman

Doug and Margaret Sheldon

# With much appreciation for all your donations to the Auxiliary over the years

Although the auxiliary has disbanded, we would like to acknowledge your donations over the years to the Jewish Home, now doing business as Elan Skilled Nursing and Rehab.

Your donations have benefited many residents. You can continue to benefit the residents by making a donation by credit card or by sending a check made payable to Elan Skilled Nursing Resident Fund.

*We thank you for your past and future donations.*



## Clip And Save Phone List

***You have connections at Elan Skilled Nursing and Rehab, a Jewish Senior Life Community!***

To assist you in reaching members of the staff, we are enclosing a directory of the most frequently called extensions. Others can be reached by pressing 5 for the directory or pressing "0" for the receptionist.

**The main number is 570-344-6177.**

Name	Department	Ext.	Name	Department	Ext.
Anglin, Jim	Director of Facilities	1128	McCabe, Gina	Director of Nursing	1131
Bednar, Missy	Director of Human Services	1151	Nicholes, Rasonia	Executive Director	1101
Burman, Sue	Beautician	1115	Nurses Station	Bridge at Elan	1142
Cabrera, Gina	Transition Coordinator	1132	Nurses Station	3rd Floor	1143
Chellino, Kathryn	3rd Floor Clinical Director	1134	Nurses Station	4th Floor	1145
Coulthard, Brian	Assistant Administrator	1102	Nurses Station	5th Floor	1147
Giuliani, Christine	HR Coordinator	1173	Pepson, Kelly	2nd Floor Clinical Director	1139
Gorki, Ryan	Social Worker	1136	Petrovsky, Joyce	Business Office Manager	1103
Guman, Amy	ADON/Infection Preventionist	1152	Reilly, Beth	Director of Food Service	1119
Harris, Nancy	4th and 5th Floor Clinical Director	1133	Ryan, Jud	Dietary Supervisor	1120
Inman-Howe, Heather	Director of Social Services	1154	Sandhaus, Samuel K.	Development Director	1170
Klemick, Lynn	Secretary	1109	Shaw, Kelly	Therapy Manager	1151
Kranick, Mary Louise	Director of Life Enrichment	1113	Tetreault, Kevin	Director of Project Management	1159



# Elan Skilled Nursing and Rehab Scrapbook

## Recent Events





# thank you To Our Donors!

**Happiness**  
**Faye and Richard Bishop**  
*In honor of Alan Goldstein*

**Robert Feibus**  
**Get Well**  
Faye and Richard Bishop

**Antonia Goldberg**  
*In honor of Jim Alperin*

**Jeff and Robin Jacobson**  
*In honor of their new grandson*  
Faye and Richard Bishop

**Fred Levy**  
**Speedy Recovery**  
Faye and Richard Bishop

**Dr. Barry Mittleman**  
*In honor of his birthday*  
Chapel Fund  
Gary Schectman

**Dr. Irvin Orel**  
*In honor of his 100th birthday*  
Dorie Spiegel

**Rabbi Saks**  
**Happy and Healthy Passover**  
Marlene Lieber

**Lynn Schaffer**  
**Happy and Healthy Passover**  
*Get well and speedy recovery*  
Marlene Lieber

**Dorris Stamper**  
**Happy and Healthy Passover**  
Marlene Lieber

**Henry Thompson**  
**Happy Birthday**  
Faye and Richard Bishop

**Chapel**  
Samuel and Ronna Goldberg  
*In honor of Aliyah*

Barry and Michelle Linson  
*In honor of Aliyah*

Jeffrey and Hadassah Ganz  
*In honor of Aliyah*

**Memoriam**  
**Tom Alperin**  
Barry Weiss  
Stephen Rosenthal  
Paul and Lisa Bartoletti  
Melissa and Bruce Saidman  
Faye and Richard Bishop  
Jefferey and Robin Jacobson  
Robert Rosenberg

**Beulah Bishop**  
Gloria Davidow  
Melissa and Bruce Saidman  
Carol and David Greenwald  
Lynn and Gib Klemick  
Phil and Phil Condron  
James L. Alperin  
Sue and Sy Traub  
Jerry and Ruth Chariton  
Heidi Schiffman  
Scott and Kelli Thorpe  
Joan Robins  
Rochelle Myers  
Mark Stahler  
John and Michele McGovern

**Louis Danzico**  
Faye and Richard Bishop

**Robert Feibus**  
Faye and Richard Bishop

**Claire Jacobson**  
Faye and Richard Bishop

**Betty Kravitz**  
Howard and Nancy Wimmer

**Clark Mark**  
Stuart A. Stahler

**Clare Reap**  
Faye and Richard Bishop

**Beverly Rogalski**  
Pamela Berlew  
Jessica Dunn  
Shirley and Deborah Lysak  
Lori Brink  
Mary Ann Strecker  
Robert Logan  
Kristen Trinkle  
Chip Purcell  
Lea Purcell  
MaryAnn Searfoss  
Theresa Trinkle

**Iris Simon**  
Richard Weintraub

**Phyllis Stahler**  
Robert Rossi & Co

**Shirley Plotkin**  
Mindell Katz

**Sandra Walsh**  
Pat and Tom Bisignani  
Lisa and Thomas Allardyce  
Karyn Salitsky  
Bonita and William Urzen  
Tracy and Timothy Marcks  
Patricia and Larry Lingman  
Suzanne and Joseph Gannon  
William and Carole Sherlock

**Dobrin-Goldstein Memorial Fund**  
**Allan Chapman**  
Alan Goldstein

**Thomas Dailey**  
Alan Goldstein

**Aleen F Epstein**  
Alan Goldstein

**Elaine Janue**  
Alan Goldstein

**Salvatore Luongo**  
Alan Goldstein

**Sandy Mozes**  
Alan Goldstein

**Rosie Malloy**  
Alan Goldstein

**David Schwartz**  
Alan Goldstein

**Maryann Summa**  
Alan Goldstein

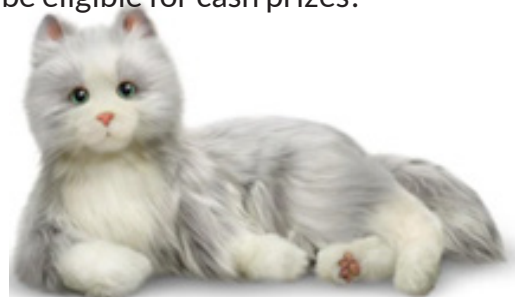
**Connie Terrery**  
Alan Goldstein

**Dominick Verrastro Jr**  
Alan Goldstein

## Mark Your Calendars!

On June 5-6, 2025, Elan Skilled Nursing and Rehab will be participating in this year's NEPA Gives. This year, we hope you'll support our efforts to purchase robotic companion pets for our dear residents. Studies have shown that Joy For All Companion Pets alleviate feelings of loneliness and social isolation, improving mental, emotional, and physical health.

During NEPA Gives, donors may make secure online donations to their favorite local nonprofit organizations. Donations to participating nonprofits will be enhanced with bonus funds provided by NEPA Gives sponsors—making donor dollars stretch further! Non-profits will also be eligible for cash prizes!





# Spring Into Wellness at Elan Gardens Senior Living

A Jewish Senior Life Community

From exercise classes and therapy to meditation and hydration initiatives, Elan Gardens Senior Living puts the health and wellness of our residents at staff on top of the priority list. Wellness at Elan Gardens is viewed from a multi-faceted approach, and Physical, Mental/Emotional, and Spiritual Wellness are the focus of our daily lives.

Each morning at Elan Gardens, residents can be found in an exercise class working to maintain their strength while having fun. What a great way to start the day! Our Life Enrichment department continues to expand on this philosophy of wellness by providing for all areas of wellness. This includes physical wellness experiences, such as yoga, dance fitness, chair ballroom dancing, and hydration initiatives. Mental and emotional wellness activities such as guided meditation and mindfulness, trivia, puzzles, and lectures to keep the mind active and engaged. Spiritual wellness is supported through weekly services, Eucharistic minister visits, holiday celebrations and traditions and more.

As time has gone by, our wellness initiatives have expanded from our residents to include our staff. Our employee engagement team has been working hard to create wellness programming for our dedicated staff. In February, we celebrated a “Share the Love” program, in which staff, residents and families took a moment to write messages of kindness and appreciation to each other. We also participated in “Wear Red Day” in honor of heart health. In partnership with Geisinger, we provided lab vouchers, heart health literature, and heart healthy snacks to our staff. In March we officially launched a wellness campaign for physical and mental health, complete with lots of fun and prizes!

Keep up with all things Elan Gardens, including our wellness programs, on our Facebook page @elangardenspa. Remember to like and share our posts!







# Greetings from Webster Towers

A Jewish Senior Life Community

Although the winter months bring dreary and cold weather, the atmosphere and temperature is always pleasing at Webster Towers. We've had an array of activities over the past few months! We started off the season with flu and covid shots for protection. We enjoyed visits from the children from Beth Shalom Academy, dancing and singing, as well as students from the LIVA Arts program here to entertain us. There were several holiday get-togethers including a New Year's Eve Celebration and a Super Bowl Party.

We look forward to the spring and newness of everything. It seems we just close up one holiday and another is upon us. We'll be wearing our green on Monday, March 17th, the Festival of Purim begins on March 13th at sundown and the first day of Spring is the 20th. I look forward to setting my clocks ahead on Sunday, March 9th as I'll have more sunlight hours in my day!

Stay Safe and Be Well!  
Pamela Goodall  
Building Administrator





# Exciting Developments at the JRC of the Poconos

Our facility remodel is in full swing at the Jewish Resource Center of the Poconos (JRC), and excitement is building as we approach the completion of this transformative project. The renovated center will be a vibrant hub for Jewish education, culture and community, offering something for everyone, from children to our cherished elders. Our vision of a modern, welcoming space is quickly becoming a reality, thanks to the generous support of our loyal patrons and our esteemed partners, including the Abeloff Foundation and the Spitz Foundation. Their commitment has played an instrumental role in helping us realize our dream.

We are thrilled to announce the addition of Rabbi Moshe Halberstadt to our team as Program Director. Rabbi Halberstadt brings a wealth of experience and a dynamic energy that promises to enrich our programming. His passion for community engagement and innovative approach to Jewish learning is already inspiring and uplifting our visitors. From social activities and events to educational classes and programs, Rabbi Halberstadt will help lead the way in creating diverse programs that resonate with all ages and backgrounds.

We invite our community to stay tuned for upcoming announcements and exciting developments. We look forward to welcoming everyone to our programs in the renewed JRC. Great things are happening in the Poconos, and we cannot wait to share this journey with you!



**Rabbi Moshe Halberstadt**

If you'd like to help support us or want more information, please call:

**Rabbi Yehuda Salkow, JRC Director  
at 570-357-8401.**

# Elan Skilled Nursing and Rehab

A Jewish Senior Life Community

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Phone: 570-344-6177  
Fax: 570-344-9610  
Web: [www.elanseniorlife.org](http://www.elanseniorlife.org)

Rick Bishop, President

Proofreading & Content:

Rasonia Nicholes

Kevin Tetreault

Lynn Klemick

Melissa Bednar

Chris Tansits

Rabbi Samuel Sandhaus

Mary Grattan

Leslie Orbin

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