

THE JOURNAL

 **Elan Skilled
Nursing and Rehab**

A Jewish Senior Life Community

SUMMER 2023

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Elan Heroes Award

The first winner of our monthly Elan Heroes Program has been announced!
Meet our winner and our runner up.

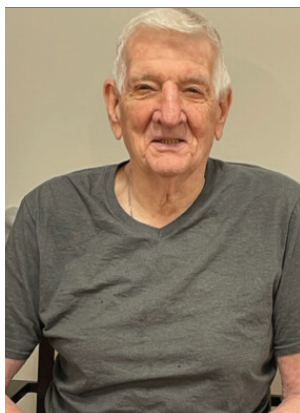
The Bridge At Elan Has First Discharges

The Bridge at Elan, the short stay, transitional care unit with a dialysis den at Elan Skilled Nursing and Rehabilitation, first opened its doors in the Spring of this year. We've since had our first discharge, among many since our grand opening.

On May 26th, Timothy was the first to discharge from the unit. After a two-week rehabilitation stay, we wished him all the best as he transitioned home after a successful stay.



We've since had several community residents return home after successful stays with The Bridge, "I was treated like a king and had a good time! If I need rehabilitation I'm coming back here," Joseph, the second discharge of the unit stated upon leaving in June.



"I was treated like a king and had a good time! If I need rehabilitation I'm coming back here."
-Joseph

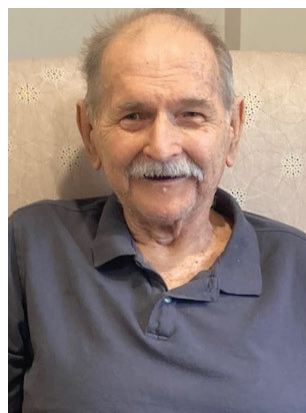
Nicholas, who was released on June 26th, adds, "I was worried. I thought I would have to go far away from my family for dialysis, but I enjoyed my stay here. Everyone was accommodating, especially the housekeeping staff who engaged me in conversation every day and kept my room super clean! I enjoyed my chair, and my grandson enjoyed the ice cream every day. My outpatient dialysis was even taken care of for me."

The unit has served for transitional care, providing both rehabilitation programs for seniors with conditions such as knee or hip replacements, and recovery following traumatic injuries, along with medically complex nursing care needs. Accommodating up to 20 patients, this new unit "bridges" the gap between a hospital stay and return home.

"It was the 6th of July. I couldn't walk then, I couldn't feed myself. Now it's July 24th. I don't need a wheelchair, I really don't even need a walker." Frank states, who would discharge the next day on July 25th. "My health is improving, my stamina is improving. I think it is all because of the great care."

Frank also praises the cooking from his time at the Bridge, "I wish I could meet the cook that made the most delicious stuffed cabbage that I've eaten in over 25 years. The only one that comes close was my mother".

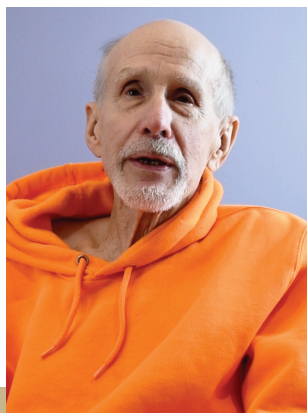
After a ribbon-cutting in April, the Bridge at Elan officially opened its doors in May. It took almost a year to make the dream of The Bridge come true. The success-



"I was worried. I thought I would have to go far away from my family for dialysis, but I enjoyed my stay here."
- Nicholas

ful discharges after its opening have been the result of dedicated efforts from our devoted staff.

Frank sums up the efforts of our Elan team in one sentence, "I could feel the love and care of each person in the facility, whether it was maintenance, housekeeping, nurses, or the supervisors."



"It was the 6th of July. I couldn't walk then, I couldn't feed myself. Now it's July 24th. I don't need a wheelchair, I really don't even need a walker."
-Frank

President Jim Alperin Enters Third Term



Left to right Attorney Jerry Weinberg receives plaque from James Alperin commemorating his outstanding devotion and dedication to the residents of Elan Skilled Nursing and Rehab a Jewish Senior Life Community

An air of excitement filled the room as this was our first in-person board meeting in over three years! Those present had the opportunity to tour our newly renovated Bridge at Elan, short stay rehabilitation unit with a dialysis den. Attendees greeted the reelection of President Jim Alperin to his third term with enthusiasm and applause.

The tone of the meeting was uplifting and spotlighted the course for our strategic plans for Elan Skilled Nursing and Rehab. Jim related "We are well into our rebranding and over the past year, our Board of Directors has been implementing marketing strategies which serve to align us more closely with our sister organizations, Elan Gardens and Webster Towers. We intend to create an organizational structure which more accurately represents the three entities as a provider of a full continuum of senior care."

Jim shared upcoming strategic planning which includes undertaking a marketing study and looking forward to investing further to enhance our current service repertoire that includes independent living, personal care, transitional care, memory-impaired services, and skilled nursing/ long-term care. He related that "Some of the community needs include providing more appropriate affordable independent living housing for seniors who really should downsize, but don't believe they can afford to. We believe we can help seniors whose loved ones have left the area and have no one to effectively advocate for them as they encounter difficulties." Seniors without a family support system face many challenges. Older adults are at increased risk for loneliness and social isolation because they are more likely to face factors such as living alone, the loss of family or friends, chronic illness, and hearing loss. Jim related that "Jewish Senior life's mission folds into making an impact and addressing these problems. I would also add that our membership and our mission includes Luzerne, Wayne, Monroe and Pike counties and we are looking for ways to better serve those Jewish communities."

Board President James Alperin recognized two long time Board Members, Melissa Saidman and Jerry Weinberg who are retiring from the Board of Directors and will continue to participate with us as members of the Advisory Board.



Rabbi Yehuda Salkow, Executive Director of the Jewish Resource Center of the Poconos delivered a stirring invocation that set the mode for the entire meeting. He also served as the installing officer.



A Career at Elan Skilled Fosters Deep Roots and Strong Wings

Cindy Houser was a junior in high school when she began working at The Jewish Home of Eastern Pennsylvania, now known as Elan Skilled Nursing and

Rehab Center. She obtained her Certified Nurse Assistant certification while working weekends during high school. Once graduated and at the encouragement of her cousin who also worked at the facility, Cindy continued her work here assisting residents with their day-to-day care and activities.

Cindy then enrolled in college and became a Registered Nurse, which she credits to her positive experience as a young nursing assistant. Cindy fondly recalls memories from her early nursing assistant days, "I remember caring for residents when I was a nursing assistant and helping them with their needs. Working so closely with them, I had the opportunity to hear their life stories which always intrigued me. The nurses I worked with played a huge role in my decision to pursue a career in nursing. Those nurses genuinely cared about me and guided me to be successful in my role."

Cindy has experience working as a nurse in several area nursing homes and states, "By far, Elan provides a much better work environment. The care of the residents is excellent - second to none. The residents speak so highly of living here and particularly love the food!" Cindy also has first-hand experience as a family member, her grandmother lived at the facility for a year. When asked about this experience, she offers, "the care my grandmother received here was excellent! The staff was so caring and compassionate toward her. When I came to visit, you could instantly tell the staff genuinely cared about the residents who live here. It was very comforting to know she was being treated so well and receiving such great care. Elan Skilled lifted a burden from my family and in the process our family grew to include the many staff who cared for us as family."

Cindy has since returned to Elan Skilled and is currently working on The Bridge at Elan in the new, state of the art dialysis den. A nurse with Davita Kidney Care, an Elan

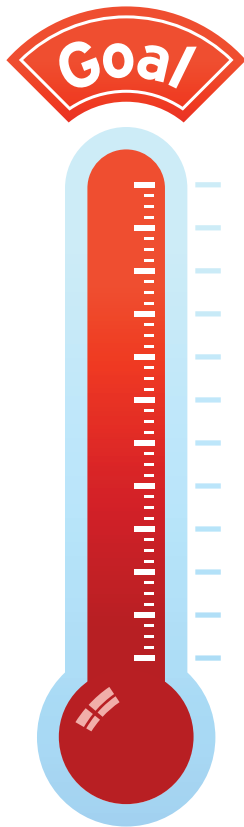
Skilled partner providing in-house dialysis services, she provides dialysis services to both short-term and long-stay residents. In-house dialysis services are just one of the new services available to Elan Skilled residents. Under usual circumstances, residents who live in a nursing home must travel to their dialysis center for treatments. Typically, these treatments are performed at least three days a week for several hours. The travel to and from the dialysis center along with the after-effects of the treatments can really take a toll on seniors. The distance between the dialysis center and the nursing home along with limited time slots available for treatments can pose significant challenges to nursing home residents' quality of care and quality of life. "I am so happy to be back at Elan Skilled and able to provide this very important service in a comfortable and well-appointed environment."

"I am so happy to be back at Elan Skilled and able to provide this very important service in a comfortable and well-appointed environment."

Cindy is one example of the impact of Elan Skilled Nursing and Rehab in shaping a career path. Deep roots were established early in her career that gave her a real sense of belonging. She was able to spread her wings and gain valuable training and experience in her nursing field and bring those back home to where her career originally started.



Summary Of The Bridge At Elan Capital Campaign



Number Of Pledge Donors		
Pledges Received	12	
Total Pledges Made		\$719,000.00
Total Pledge Payments Received		\$294,400.00
Outstanding Pledge Payments		\$424,600.00

Donations and Pledge Payments Received as of 7/21/23		
Number Of Pledge Donors		
Total Direct Donations	14	\$504,294.80
Total Pledge Payments Received	10	\$294,400.00
	TOTAL	24
		\$798,694.80
Total Raised Including Outstanding Pledges for the Bridge at Elan Rehabilitation Unit with Dialysis Den		\$1,223,294.80

Thank you to all who have contributed and pledged thus far to make this capital campaign a success. More details and naming acknowledgments to be shared in future Journal editions.



New Sign At Elan Skilled Nursing And Rehab

A beautiful new sign has been installed at Elan Skilled Nursing and Rehab. It's even more beautiful at night when it's illuminated!



Summary Of The NEPA Day Of Giving

NEPA Day of Giving, hosted by several area foundations, online fund-raising event, was held in our community on June 1-2, 2023. We are so grateful to the individual donors, businesses, and foundations who helped support our cause. We raised an incredible overall total \$7,750 from 20 donors including the generous challenge grant from one of our loyal donors, Margie and Robert Rosenberg which doubled all contributions made up \$1,000! Our total also includes winning prizes from sponsoring organizations totaling \$1,000!

Elan Skilled Nursing and Rehab serves a population with cognitive impairments, dementia, and often Alzheimer’s disease. These residents often require specialized programming and sensory engagement therapies and equipment. This year your donation will be dedicated to the purchase of this therapy equipment. Thank you for all you do in support of the seniors in our community!

The supporters are listed below separated by category and listing identified tributes.

GOLD CHAI-----\$3,600 and up	BENEFACTOR-----\$250- 499
SILVER CHAI-----\$1,800 and up	GUARDIAN-----\$100-249
FOUNDER-----\$1,000 and up	SPONSOR-----\$50-99
PATRON-----\$750-999	DONOR-----\$25-49
PILLAR-----\$500-759	CONTRIBUTOR-----under \$25

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Toyota of Scranton

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Margie and Robert Rosenberg

PILLAR

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Missy Bednar

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DONOR

Anonymous
Richard Bishop In honor of James Alperin
Sanford & Linda Cohen





The First Elan Heroes Award Goes To....

The Elan Heroes Program recognizes outstanding employees that have provided exceptional performance, serving as a model to other employees. Elan Skilled Nursing and Rehab initiated this new award program in June of 2023.

Invited to submit nominations are staff, residents, families, and visitors. Examples for nomination include an overall excellent job performance, an above and beyond response to a situation, promoting a pleasant work environment, and dependability during the period for which the nomination was received.

We are pleased to announce the first Elan Hero Award goes to... Raquel Villa! Raquel has been a Certified Nursing Assistant with Elan Skilled since 2016. Raquel was nominated by both a coworker and resident family member for the inaugural award. Raquel's nomination provided the following:

"I worked side-by-side, hand-in-hand with Raquel during COVID. She's patient, kind, and loving to the residents. Always smiling and treating everyone with respect. She's hard working." - Co-Worker

"Raquel is so wonderful with my mom. She is a truly genuine caring person and it is displayed when she interacts with my mom! She really helped my mom come out of her shell. Makes my heart happy when she is in with my mom in the evening, because I know my mom will have an exceptional night and get a great sleep!" - Family of Resident

The Runner-Up Award went to Jackie Earley. Jackie works in central supply now but started her career as a

Certified Nursing Assistant in 2003 and is working toward completion of training to become a Registered Nurse. Jackie was nominated by a coworker who provided the following:

"Jackie will always give extra effort for her co-workers and the patients. She fixed a resident's glasses and labeled them. She noticed I was having trouble getting it done. She stepped in and did it herself" - Co-Worker

The Elan Hero Award is recognized on our social media sites and main lobby. Each monthly winner is provided a \$200.00 bonus. The Runner - Up is awarded a \$75.00 bonus. Please continue to support our program and nominate staff who go above and beyond! Monthly winners will be published on our Face Book Social Media page and our internal TV channel.



Elan Skilled Nursing and Rehab Scrapbook



Elan Skilled Nursing and Rehab Wish List

You can make a difference in the lives of the Jewish Home's residents while honoring or memorializing a friend or loved one. Please contact the Jewish Home's Business Office Secretary Lynn Klemick at (570)-344-6177 extension 1109 for information. Your generosity will be greatly appreciated.

LIFE ENRICHMENT DEPARTMENT- Heightens awareness to encourage mental function

- \$5-\$10 Adult Coloring Books
- \$10-\$20 Craft Supplies
- \$13 Package of Pocket Journals
- \$15 Exercise Balls
- \$18 Conversation Balls
- \$19 Drum Sticks
- \$20-\$30 Tactile Sensory Items
- \$20 Jigsaw Puzzles w/Magnetic Pieces
- \$25 Sensory Gel Maze
- \$27 Crayons
- \$30 Molding Clay
- \$40 Talking Wall Clocks for Visually Impaired
- \$60 Amazon Fire Tablet
- \$150 Live Entertainment

DIETARY DEPARTMENT-Creating tasty, nutritious meals served in an elegant environment

- \$30 Coffee Carafe
- \$50-\$100 Serving Platters/Bowls for Parties
- \$55 Air Pots for Coffee & Hot Water
- \$75 Ice Tea, Lemonade & Water Pitchers
- \$100 Special Occasion Placemats and Napkins
- \$100-\$250 Table Skirts
- \$500 Serving Carts
- \$4000 Robot Coupe (Commercial Food Processor)

NURSING DEPARTMENT- Compassionate, skilled care in a state- of-the-art facility

- \$150 Oxygen Conserver
- \$200 Tympanic Ear Thermometer
- \$250 Slings for Lifts
- \$250 Pulse Ox Machine

- \$300 Pressure Reduction Mattress
- \$500 Wheelchair
- \$600 Reclining Chair
- \$600 Low Air Loss Mattress
- \$650 Apex Lift
- \$800 Oxygen Concentrator
- \$2,000 Resident Beds
- \$3,600 Sit to Stand Lift
- \$4,200 Viking Lift

REHAB THERAPY DEPARTMENT- Renews our residents' physical well being and self esteem by focusing on restoring their skills.

- \$2,204 Ultra Sound Machine
- \$3,500 Care Form Chair Specialized Positioning
- \$4,000 Omnicycle



Clip And Save Phone List

MAIN NUMBER (570) 344-6177

Name	Department	Ext.	Name	Department	Ext.
Anglin, Jim	Director of Facilities	1128	McCabe, Gina	Director of Nursing	1131
Applegate, Mary Rose	Executive Director	1101	Menachem, Ahava	Director of Life Enrichment	1113
Bednar, Missy	Director of Human Services	1151	Nurses Station	Bridge at Elan	1142
Burman, Sue	Beautician	1115	Nurses Station	3rd Floor	1143
Cabrera, Gina	Social Service Coordinator	1154	Nurses Station	4th Floor	1145
Chellino, Kathryn	Admissions Nurse/Bridge Unit	1136	Nurses Station	5th Floor	1147
Coulthard, Brian	Assistant Administrator	1102	Pepson, Kelly	Clinical Director 3rd and 4th Floor	1134
Gibblerts, Melissa	Therapy Manager	1157	Petrovsky, Joyce	Business Office Manager	1132
Giuliani, Christine	HR Coordinator	1110	Rielly, Beth	Director of Food Service	1119
Guman, Amy	ADON/Infection Preventionist	1173	Ryan, Jud	Dietary Supervisor	1120
Harris, Nancy	Clinical Director 3rd and 5th Floor	1133	Sandhaus, Samuel K.	Development Director	1170
Klemick, Lynn	Secretary	1109	Tetreault, Kevin	Director of Project Management	1159



We celebrated National Skilled Nursing Care Week with some fun events for our staff and residents!

Monday 5/15: Decades Day- 70s, 80s, 90s? What's your favorite decade? Wear your favorite apparel from then!

Tuesday: 5/16: Hobby Day- Wear something to reflect a hobby you have. See if the residents can figure out your specialty.

Wednesday 5/17: Staff Cookout- Lunch provided to all staff. Wear your best country duds! Yee Haw!

Thursday 5/18: Carnival! Assist with resident carnival themed games. Wear bright colors or Hawaiian shirts!

Friday 5/19: Kindness Day- Bring a donation for the residents' Griffin Pond Drive!



Jewish Home Auxiliary Calendar Of Events 2023-2024

Supports the residents of Elan Skilled Nursing and Rehab, a Jewish Senior Life Community

Board Meeting

Tuesday, August 15, 2023
1:00 pm

Opening Lunch

Thursday, October 12, 2023
12:30 pm

Board Meeting

Tuesday, November 14, 2023

Hanukkah Party

Sunday, December 10, 2023
2:30 pm

Purim Party

Sunday, March 24, 2024
2:30 pm

Board Meeting

Tuesday, March 26, 2024
1:00 pm

Mother's Day Party

Sunday, May 12, 2024
2:30 pm

Volunteer Recognition/ Closing Installation Luncheon

Thursday, May 23, 2024
12:30 pm

Father's Day Party

Sunday, June 16, 2024
2:30 pm

Summer Picnic

Sunday, July 7, 2024
2:30 pm

Elan Gardens Senior Living

A Jewish Senior Life Community

Voted Best Assisted Living/Senior Care In The Abingtons

We are honored to announce that Elan Gardens Senior Living has been voted the Best Assisted Living/Senior Care in the Abingtons. This award, which is voted on by the community, has been awarded to Elan Gardens for the past 5 years! This is due to the hard work and dedication of our excellent staff, board of directors, and our residents and families. Thank you for making Elan Gardens Senior Living the BEST!

This summer we celebrated our “Elan Days of Summer” event. This week-long event was dedicated to celebrating Elan Gardens’ residents, families and staff. We enjoyed a picnic with family and friends, music, ice cream, games and more. The smiles and joy were abundant.

For anyone that is seeking care and support, our compassionate and dedicated team is here to help! We are currently accepting new residents. Please call us at 570-585-4400 for more information.



Hello from Webster Towers!

Summertime! The flowers are blooming the birds are chirping and there's plenty of sunshine to brighten the day. You can be sure if the weather isn't too hot you'll find our patio buzzing with conversation and folks just relaxing. There's just enough sun and shade to satisfy everyone.

Over the past few months we enjoyed a Mother's Day Brunch, the annual Father's Day Pizza Party and a July 4th cookout. Every month brings a new event to keep our residents busy! In between all that activity we had painting with a therapist from the Wright Center, Wii bowling, exercise and bean bag toss. On Wednesday nights Ice Creamers Ice Cream truck visits our property so the residents can enjoy a Banana Split, CMP or cone of ice cream, an especially welcome treat!

We've just completed the installation of new carpeting on all (7) resident floors; hallway painting will begin over the next few months. It certainly has a brightening effect to our hallways and the residents are pleased to see the upgrade!

Seasons come and seasons go.....make the moments count!

Stay Safe and Be Well!
Pamela Goodall
Building Administrator





2022/23 Annual Fund Campaign Comes To A Close

Elan Skilled Nursing and Rehab a Jewish Senior Life Community's Annual Fund Campaign serves as a major fundraiser providing supplemental funds to help meet the shortfall from public funded reimbursement to support our programs.

Our voluntary board members truly are the front line on this drive, from advising us on this outreach to following through with telethon calls. A special thank you to Campaign Chairpersons Louis Nivert and Marshall Kornblatt and the committee members who worked to make the campaign a success. They were James Alperin, Attorney Richard Bishop, Melissa Saidman, Mike and

Gayle Greenstein, Jeff Roth, Rabbi Samuel Sandhaus, and Elan Skilled Nursing staff members Lynn Klemick and Mary Rose Applegate.

President James Alperin expressed his sincere appreciation for everyone's efforts and the generosity of our donors for raising more than \$132,645 to support our residents.

We proudly list the names of our donors as a way of expressing our sincere appreciation to them. The supporters are listed below separated by location and category.

GOLD CHAI-----\$3,600 and up
SILVER CHAI-----\$1,800 and up
FOUNDER-----\$1,000 and up
PATRON-----\$750-999
PILLAR-----\$500-759

BENEFACTOR-----\$250- 499
GUARDIAN-----\$100-249
SPONSOR-----\$50-99
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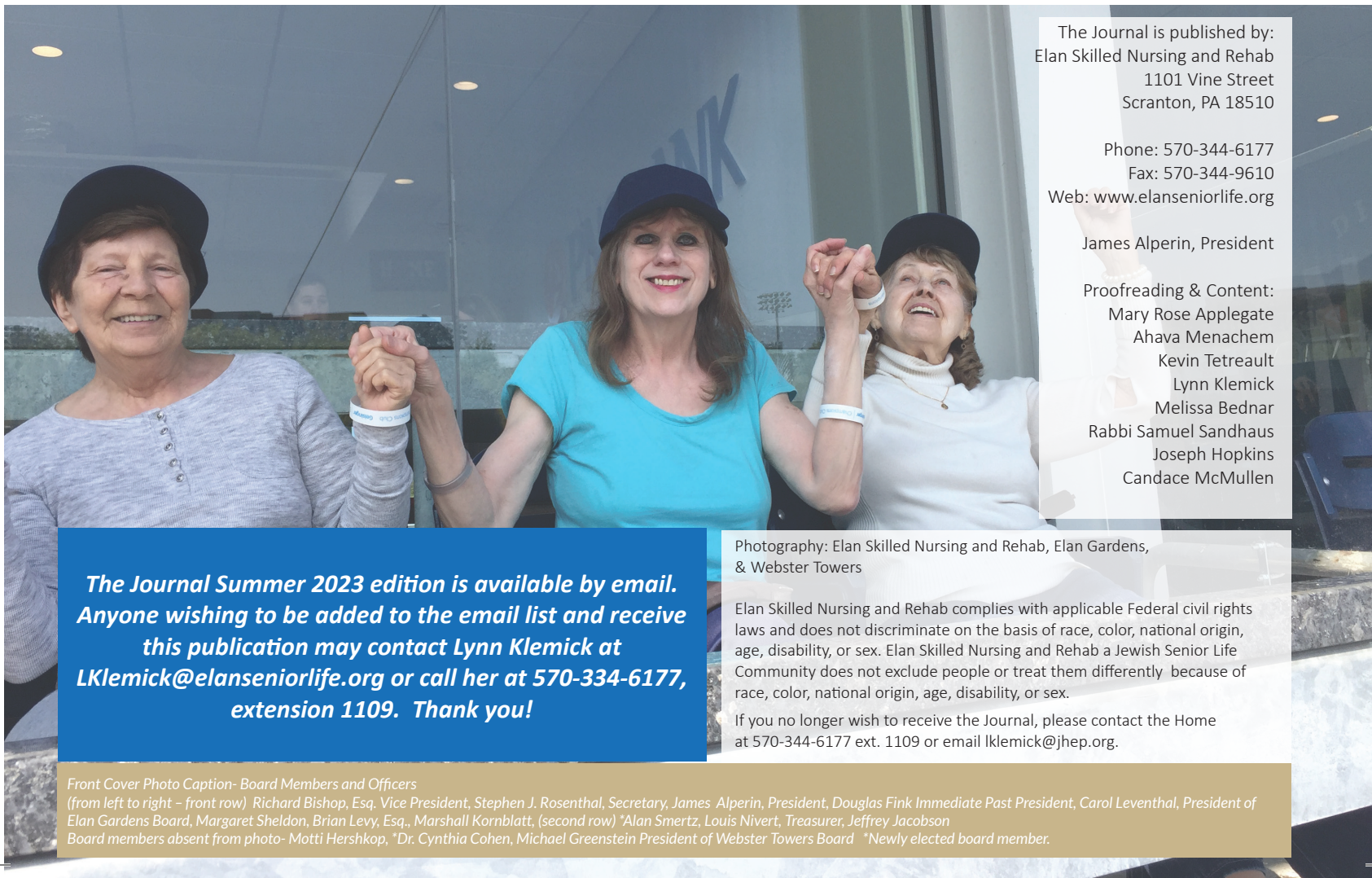
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